Bathing a Science Declares Expert

Right and Wrong Methods Are Explained by Physical Director C. E. Beckett, of the Y. M. C. A. Gymnasium.

Average Bath Is Not Even a Cleansing Process—Fresh Air and Sun Baths Healthful and Necessary. He Asserts.

Proper bathing is a science. Baths have many other functions than simply to serve as a cleansing process. They may be used as stimulants, as sedatives, as tonics, as health restorers.

But the average bath is not even a cleaning process, because it is not properly performed. There are right ways and wrong ways to bathe. C. E. Beckett, physical director of the Washington Y. M. C. A., describes for Times readers the beneficial, as well as the harmful, ways to take baths.

By J. R. HILDEBRAND. You have been taking your bath daily in your enameled tub, and, perhaps you harbored a consciousness of superior cleanliness. You are much mis

Perhaps you have been holding your breath, shutting your eyes, and taking supply renewed several times. This a cold plunge into the chilly waters of hat same tub each morning under the further impression you were employing peroic methods to maintain your vigor and prolong your life. There you have

Proud as we are of our suppose national cleanliness, we have yet to earn the A. B. C. of bathing, experts eclare. Not only have we failed to keep clean by bathing, but we have falled to utilize the bath for such other ueful purposes as reinvigaration, as a stimulation, as soothing influence, as a tonic, as a sedative-and in a dozen other ways the Romans realized and

put into daily practice.

But, letting that pass, the primary purpose of bathing is to keep clean. And there is where we have fallen short at the start. Go to the office of Physical Director Beckett, at the Y. M. C. A. and before he talls were best of the office. M. C. A., and before he tells you how to exercise he will tell you how to bathe. For he, like other physical cul-

of the water, you carry with you a portion of the scum left on the surface That would not be so bad if the body were rebbed thoroughly with a coarse but few persons stop to do that. The great majority of persons spend

oo little time with the towel, and far co much time in the tub, in Mr. Beckett's opinion. He asserted that the practice of reposing in a tub of warm or hot water, and allowing the oody to 'soak," not only fails to cleanse the body, but it weaknes the constitution and leaves a general feeling of lethargy and lassitude.

"Next to the misuse of the hot bath, probably the greatest harm is done by the false theories about cold baths. Many persons believe a morning cold ath is a sort of preventative of every numan ill. Because Tom Smith reports Jones takes it for granted the cold plunge is the very thing for him. Jones may not get the same reaction as Smith. In that case, the cold bath, for Jones, most harmful. If no immediate ill. fects follow they are bound to arise ater ir life.
"No person should take a cold bath

who does not feel a healthy reaction afterward, and who does not see a ruddy glow to the skin after a vigorous rub down. If the skin is cold and clammy then you may be sure the cold bath is "But the ideal bath is one which is

Skin Diseases Often a Mystery

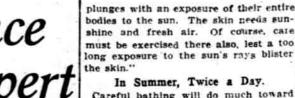
The Right Treatment Will Solve Worst Problem



The key to unlock the mysteries of eruptive skin afflictions is S. S. S. the famous blood purifier. If you will write for a spiendidly illustrated book "What the Mirror Tells" you will learn why and how S. S. S. causes new skin and tissue to replace the afflicted spots.

Get a bottle of S. S. S. today at any drug store and waste no more time with salves, ointments or lotions. Skin health drug store and waste no more time with salves, ointments or lotions. Skin health comes from your blood. It comes from the network of tiny blood vessels that interlace all skin tegument and tissue. Now, when S. S. S. enters the blood it is carried throughout your body in about three minhtes and its most active work takes place in the skin. Here it puts into motion the process of preparing all impurities into a substance that is promptly expelled through the skin pores. This process goes on day and night, all This process goes on day and night, all rruptive conditions cease; the old skin disappears in the form of invisible vapor or perspiration. Don't fail to get a bottle of S. S. S. today and write for the valuable book to The Swift Specific Co., 103 Swift Building, Atlanta, Ga.—Advt.





In Summer, Twice a Day. Careful bathing will do much toward he cure of nervous exhaustion and toward the restoration of a healthy cirthation in cases of anemic persons, Mr. Berkett said.

"For those persons who feel that a morning bath is beneficial, yet who find the cold plunge too severe, a hand bath ften is an excellent substitute. Standing in a tub of cold water, the bather should apply the cold water with his hands to all parts of the body. This will lessen the shock and will serve the same invigorating purrose as the cold

In summer and winter bathing should frequent. Every person should take bath at least once a day. In summer twice a day is not too much. Bathing in summer is a natural cooling process, and a bath at noon would do much to make the body cooler, whereas cold beverages taken into the stomach raise the body temperature by driving the clood to the head."

Obituaries

NEOLIS BRAXTON, at 2124 Eleventh treet northwest, Tuesday.
FLORENCE E. MILLER, yesterday. MARIE ELOISE ROGERS, at Osso, King George county, Va., yesterday.

stown University Hospital, Wed-EDWARD WARE, at 1203 New Jersey avenue southeast, Tuesday. ANNIE WATERS, at Pinehurst, D. C., Wednesday.

MARTHA A. SWINDELLS,

FIRST USE OF RESINOL STOPS

lief. Suffered Eight Years, but Resinol Cured in a Week.

Jan. 27, 1914: "I suffered over eight little place and kept spreading until it covered my hands. My hands looked batn," Mr. Beckett continued, "By it like they had been burned by fire and men get into a perspiration without peeled off in large pieces until they But the Turkish bath has its uses in eczema. It itched and burned me so the case of the very stout man, who that I could not sleep at night. I tried takes exercise only with the utmost ef- all sorts of eczema salves and one prefort. A thin man should take few scription after another, but nothing gave me any relief until I tried Resinol Soan these he will find his body weakened."

A word of caution is needed to bathers who are about to indulge in this delight of the seashore, Mr. Beckett

and Resinol Ointment, and after the first application my hands never itched or burned again, and were well in one delight of the seashore, Mr. Beckett eczema to know that they can find a cure in Resinol." (Signed) Miss Ethel

and helpful physically when it is taken with intelligence. Most swimmers allow Scott, Milstead, Ga. their enthusiasm to get the better of common sense, which should tell and Resinol Soap (25c), stop itching them that fifteen or twenty minutes is instantly and speedily heal eczema, and the longest anyone should stay in either other skin humors nimples dandruff. the longest anyone should stay in citner the longest anyone should stay in citner skin humors, pimples, dandruin, fresh or salt water.

"And it should be more widel; known that a sun bath is just as beneficial druggist. Don't be fooled by "substitutes not serve the purpose intended," an isolated place along a body of water, they should alternate their he said, "because, when you get out the longest anyone should stay in citner fresh or salt water.

"And it should be more widel; known that a sun bath is just as beneficial druggist. Don't be fooled by "substitutes" for Resinol offered by a few unscrapulous dealers. For free trial, write to Dept. 14-R, Resinol, Baltimore.

"And it should be more widel; known that a sun bath is just as beneficial druggist. Don't be fooled by "substitutes" for Resinol offered by a few unscrapulous dealers. For free trial, write to Dept. 14-R, Resinol, Baltimore.

EXCURSIONS

C. E. BECKETT,

begun in water of a higher temperatur

than that of the body Then the pores

are opened and the bodily waste is car-

ried away After that the water may

be made colder and the body then has a chance to adjust itself to the lowered temperature without the violent nervous shock of the cold plunges"

The Lazy Man's Bath.

the time-honored tub altogether. If a

shower is not to be had, a tub can be

made to serve the same purpose if

the water is allowed to run out and the

rinsing process will eliminate the dan-

ger of most of the dirt being allowed to

"The Turkish bath is the lazy man's

the effort normally required to do so.

Turkish baths. If he overindulges in

daily plunge only is invigorating

remain on the skin surface.

Not that Mr. Beckett would eliminate

EXCURSIONS

Washington's Popular Pleasure Resort



Admission.
Modern Dancing.
Crabbing.
Fishing. Mammoth Board Walk.

All Popular Amusements At Popular Prices **EXCELLENT HOTEL** and CAFE SERVICE

Sait Water Bathing In Refreshing and Healthful. ROUND TRIP WEEK 25C SUNDAYS & 50C

TRAIN SCHEDULE EFFECTIVE UNTIL FURTHER NOTICE (Save this for future reference.)

Leave District Line Station Daily, Monday to Friday, Inclusive; 10:00, 11:30 A. M.; 2:30, 5:40, 8:00 P. M.

SATURDAYS: 10:00, 11:30 A. M.; 2:00, 3:15, 5:30, 5:40, 8:00 P. M. SUNDAYS:

9:30, 10:30, 11:30 A. M.; 2:00, 3:20, 4:45, 8:00 P. M. Trains return at frequent intervals.

ENJOY THE WEEK-END AT

COLONIAL BEACH



PALATIAL STEAMER ST. JOHNS Leaves Seventh street wharf Saturday, June 20, 2:30 P. M.

Sunday, June 21, 9:00 A. M. SALT WATER BATHING - FISHING CRABBING BOATING **ALL AMUSEMENTS**

ROUND TRIP 50 CENTS (Except Saturdays)
Good returning same day.

ROUND TRIP \$1.00 Good until Sept. 8.

40-MILE MOONLIGHT TONIGHT AT 7 O'CLOCK

STEAMER ST. JOHNS MUSIC, DANCING, CAFE, ADULTS, 25e; CHILDREN, 15e.,

Funerals

Neolis Braxton, at the Florida Ave nue Baptist Church, at 2 p. m. today. Timothy Corkery, at Rosslyn, Va., at a: m. tomorrow John Donnelly, at the Church of the

Sacred Heart, at 9 a. m. today. Interment Mt. Olivet Cemetery. Anna C. Hill, at C. M. E. Church, Laurel, Md., at 2 p. m. today. Dency Medora Hallam, from 326 Fifth street southeast, at 2 p. m. today. In terment in Congressional Cemeter. Emma Johnson, at Zion Baptist Church, at 1 p. m. today.

Mary Frances McDermott, from 918 Twenty-sixth street northwest, today. Interment at Mt. Olivet Cemetery. Florence E. Miller, from 638 L stree mortheast, at 2 p. m. tomorrow, Interment at Glenwood Cemetery. Martha A. Swindells, at Oak Chapel, at 2:30 p. m. today.

Edward Ware, from 1203 New Jerse

venue southeast, at 2 p. m. today.
Annie Waters, from 2027 G stree

northwest, at 2 p. m. today. Intermet at Arlington. Dolan Leaves \$20,000,000.

PHILADELPHIA, June 19.-The estate of Thomas Dolan, who was one of Philadelphia's wealthlest men, will be divided among his family in accordance with the provisions of his will. The estate is commonly reported to be valued at between \$20,000,000 and \$35,000,000.

> Nadine Face Powder

> > Makes The

Producing that soft, velvety fresh-ness so much admired. Money refunded if not entirely pleased Nadine is pure and harml adheres until washed off. Blends out blemishes; prevents sunburn and return of discolorations. A million delighted users endorse the delicate tints, Flesh, Pink, Brunette, White, By Toilet Counters or Mail, 50c.

EXCURSIONS

Week-End Trips Old Point Comfort \$4.00 Round Trip

On Fridays and Saturdays— Good to Return Leaving Monday Tickets Including Stateroom and Accommodations at CHAMBERLIN HOTEL

NEW YORK and BOSTON BY SEA

Low Rates to all Eastern and New England Resorts City Ticket Office, 731 15th N. W. Woodward Bidg., Phone, M. 1520 NORFOLK & WASHINGTON STEAMBOAT CO.

MERCHANTS & MINERS TRANS. CO. **VACATION TRIPS** "By Sea"

BALTIMORE TO BOSTON-PROVIDENCE SAVANNAH—JACKSONVILLE

Through tickets to Northern and Southers points. Fine steamers. Excellent service. Low fares. Wireless telegraph. Automobiles carried. Send for booklet. B. & O. R. R., N. & W. S. B. Co. offices. and 517 lith st. N. W. W. P. TURNER, P. T. M., Baltimore, Md.

Concert Every Evening hevy Chase Lake U. S. MARING BAND Dancing, Merry-Go-Round and Other musements. Admission Free.

SUMMER RESORTS

PRAEGER PROVES TO BE A RIFLE EXPER

Postmaster's Shooting Features Outing of Letter Carriers at Chesapeake Beach.

Postmaster Otto Praeger is a dead recreation. thot, a Davy Crockett and William Tell rolled into one. Armed with a rifle that he had never seen before, fie gave shooting exhibition that will stand the test of any competition. It all happened on the annual excur sion of the Washington Branch, Na

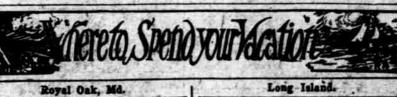
tional Letter Carriers' Association, to Chesapeake Beach yesterday, when record crowd journeyed as guests of the gray-clad servitors of Uncle Sam. The postmaster led a party that went to the beach in the private car San Juan. The party looked over the attractions of the boardwalk, visited the concessions with indifferent success noved steadily toward the shooting gal

There was a reason. Once at the shooting gallery, competions were speedily arranged, open and

Police Court Record

United States Branch, Judge Mullown days; Hyland Warfield, carrying deadly weapoa, personal bond. Collaterals ferfeited:
John Johnson, cruelty to animals; Harry C.
Kettlean, cruelty to animals; James Gatewood, cruelty to animals; Consegito Tranzano, assault; James H. Jackson, cruelty to
animals; Joseph Johnson, cruelty to animals;
Hugh A. Grimm, forgery, held for grand jury.
District Branch, Judge Push-Hugh A.
Ernest, Harry Matchett, Oscar Palious, Harry
King, Austin Lanhan, Frank Burrell, Frank

SUMMER RESORTS SUMMER RESORTS



PASADENA

On beautiful Eastern Shore, Md. Dius-trated booklet. FREDERICK HARPER, Royal Oak, Md. CEDAR (ROVE, Royal Cak, Ed., on Oak Creek, Miles river: large lawns, verandas; moderate; I minutes from B., C. & A. Station. PERBLE BEACH, Royal Oak Md.; sea

On Catoctin mountain; altitude 1,200 ft.; pure air; good water and no mosquitoes; all modern conveniences. For terms, etc., address Mrs. THOS. H. MYERS, Braddock Heights, Frederick Co., Md., garage .ttached Hett's Cottage—Along Catoctin Mountain; elec. lights; elec. road, bet. Fred'k and Braddock Hts.; write for booklet. G. M. Hett, Frd'k, Md. 6EACHRIST Mountain House—Running bot and cold water; large porch, Write for rates, Mrs. J. W. Seschrist, Braddock Heights, Md.

Betterton, Md.

BAYSIDE INN-Highest elevation on beach; modern conveniences; cuisine unexcelled; garage. L. Harris Crewe, Betterton, Md. CREW'S HOTEL-Shady trees, near beach; modern conveniences. Write for rates. Mrs. WM. H. CREW, Betterton, Md. OWEN'S COTTAGE-Near the beach; shady lawn, sanitary improvements, 51. MRS, IDA OWENS, Betterton, Md.

MARYLAND COTTAGE—Overlooking bay; modern conveniones; country board. Write for rates. Mrs. C. F. Jess, Betterton, Md.

Pen Mar.

MT. FOREST INN, new house; bath, elec-tric lights, large porches; good table; right at park. Mrs. HELLE F. STOLER. PARK VIEW INN, Pen Mar, Located at Park gate; best accommodations; everything new. BENJ. SHOCKEY. IF YOU WANT THE BEST STOP AT THE IMPERIAL Rates, If and up per week. H. H. MYERS, Pen Mar, Pa. HILL-CREST COTTAGE, house thorough-ROCKAWAY INN, 1860 ft. above sea; modera conveniences; shade and porches. Booklet. M. O. MEYERS, Pen Mar. Pa. EVERGREEN COTTAGE, beautiful loca

tion; near park; electric lignts and bath. H. S. WERDEBAUGH, Pen Mar, Pa. ROCK VIEW COTTAGE, Pen Mar, Pa. Overlooking valley; baths, elec. lights; 2 minutes from station. Mrs. Frank King. Mt. Pleasant, Md. MOUNTAIN VIEW-Near Frederick, Md., quiet, shady, bath, phone. Mrs. C. A. Thomas, Frederick, Md. (Mt. Pjeasant route).

Cascade, Md.

CASCADE HOUSE, Cascade. Md. Over-looking Lake Royer. Ex. table, baths and all conveniences. Mrs. CARL RASCHE. North Carolina.

For "Land of the Sky" Hustrated looklets write L. S. Brown, 705 15th st. nw., Wash.

LONG ISLAND Vacations

Do you like the seashors, the hills or the shore of some quiet bay or lake? Be you like teamis, golf, salt and fresh water fishing, surf and still water bashing, canceling, dancing and congenial company? Long Island

Pennsylvania Sta-tion. N. Y., from which Long Island trains depart. Read of Letz Isl-and's charms in the

Rehobeth Beach, Del.

June to October. Season 1914. t. Walter Burton, Owner and Prop. Blue Ridge Summit, Pa. MONTEREY INN,

Berkeley Springs, W. Va.

Marlborough - Blenbeim

ATLANTIC CITY, N. J.



found in The Land of the Sky. Reached by SOUTHERN RAILWAY.

Fast through train service-perfectly appointed Waynesville, Flat Rock, Hot Springs, N. C., and Pullmans-to Asheville, Tryon, Black Mountain, other resorts. Golf-tennis-fishing-motoring-Hendersonville, Brevard, Lake Toxaway, Saluda, out-of-door sports at their finest.

> Land of the Sky literature and information supplied by S. BROWN, General Agent, C. W. WESTBURY, Asst. General Agent.
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LOW SUMMER FARES. LONG LIMITS. LIBERAL STOP-OVERS. Southern Railway System embraces territory full of excellent investment opportunities in fruit-culture, farming and manufacturing.

SOUTHERN RAILWAY

free for all, with no handicaps. Losers Winfield, Harry H. Porterfield, paid not only for the shooting, but for ford, John H. Taylor, Edgar St "entertainment." Shooting, at a small B. Reed, Arthur Johnson, John target, the postmaster plunked the centerpolicy of the centerpolicy of t

target, the postmaster plunked the center only twice, but he won.

He repeated, and, one by one, the losers were dropping out.

Then the postmaster had the gallery man set in motion a swinging, target, a dove with a buil's-eye in the center. While this swing the postmaster closed the exhibition by putting three shots in the center of the buil's-eye in rapid succession. After that competition suddenly ceased.

There are nearly 300 tired but happy letter carriers in Washington today, for the annual excursion was a tremendous success. The last train from Chesapeake Beach brought a happy throng.

Competition in the open athletic ovents was keen, but this was but one of the many features of a full day of recreation.

Ralph Davis, assault, noile prossed; Georgi-anna Prott, larceny, dismissed; William Stewart, threats, nolle prossed; Champ Briggs larceny, continued; Solon Richardson, larceny MRS. W. A. JOHNSON not felt so well in years."—Mrs. W. A. Johnson, Sycamore Springs, Santa Monica, Cal.

A lazy liver makes life a burden, as thousands of suffering men and women know. There is no energy for business or pleasure. Headache, sleeplessness, yellow skin, and coated tongue indicate that the liver is not doing the work properly and the bile is not being carried off. Watner's Safe Kidney and Liver Remedy is an absolutely safe remedy for all infiammatory and other diseases of the liver and kidneya. It corrects the functional trouble by increasing the now of bile into the bowels to a healthy standard and keeps it so. It aids in removing the waste material that obstructs the circulation of the liver and kidneys, and by its tonic and purifying properties brings to a condition of perfect harmony all the nissed; Lucie Payton, larceny, 320 or 60 days; Logan Thomas, larceny, \$30 or \$3 days; Hyland Warfield, carrying deadly wea-

Braddock Heights.

Finest and safest surf bathing in the world. Over 128 miles of clean white sandy beaches. Never falling to 1 southerly breezes from off the sea. More than 3800 resorts to choose from with prices to fit any choose from with prices to fit any pocketbook.

Trains from the south and west (via Pennsylvania R.)

HOTEL HENLOPEN.

Blue Ridge Summit, Pa. Open June I. Fo

THE WOODSIDE.

Delightfully located in grove of forest shade; mineral baths in house. All moders conveniences, excellent table. Information Phone Columbia 5448. House now open. Atlantic City.

> SCIENCE Judge Clifford P. Smith, C.S.B.

Member of the Christian Science Board of Lectureship of the First Church of Christ, Scientist, in Boston, Mass., at the Church Edifice, Columbia road and Euclid street, next Saturday at \$ p. m. and Sunday afternoon at 3:30. Admission free. All welcome.

Baseball ALL MASONIC vs. HARMONY LODGE Benefit Masonic and Eastern Star

American League Park Saturday, June 29, at 3 o'Clock. dmission and grandstand, 50 cents.

DANCING

MISSES RETNOLDS and MITCHELL, studio 1239 13th st. N. W., teaching all popular dances; priv. instruction any hour. N. 2356. GLOVERS, 613 22nd ST. N. W., Ph. W. 1129— Pri. lessons any hour, 50c. Flahwalk, one-step. Boston, Tango, Hesitation, etc. Class & dance, Tue., Thurs., Sat. eves., 50c Ladies free. DAVISON'S, Prof. & Mrs.—Studio, 719 5tn nw: Thorough, reliable teachers of all modern dances; priv. any hour; class Tue. evs. M. 4534. Large ballroom cooled by electric fans. PROF. WYNDHAM, no branch places, 816
12th st. N. W.; hesitation waits, one-step,
fishwalk, etc., guaranteed; summer rates,
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MISSES CHAMBERLAIN AND CCBB'S DANCING SCHOOL, 100 EYE ST. N. W. Ph. Main 2542. Dance Every Monday evening. MODERN DANCING TAUGHT.
Private lessons. 75c per hour.
1017 10th st. N. W. Main 3223-M.

FINANCIAL

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Are those that do not fluctuate during dis-turbed conditions of the money or stock mar-kets. First deed of trust notes first mort-gages), well secured on real estate in the District of Columbia, constitute "guit-edge" investments. They do not depend upon the financial responsibility of individuals or cor-porations for their stability, and are exempt from taxation as personal property. We can supply such investments in amounts from \$60 upward. Send for booklet, "Concerning Loans and Investments."

SWARTZELL, RHEEM & HENSEY CO., 727 15th ST. N. W

FINANCIAL

Constant Progress

By Simple Remedy

cured me completely and I have mes. W. A. JOHNSON not felt so well in W. A. JOHNSON THE W. W.

AMUSEMENTS

ABORN SPELIE GRAND

Touight, Sat., and Sat. Mat.
"CAVALLERIA RUSTICANA"
WITH "HANSEI, AND GRETEL"
Source seats early for the farewell performed on Saturday night.

"BABY MINE"

NEXT WEEK-"THE VIRGINIAN"

F. KEITH'S BAILY

MAT. Sc; EVE., S to lic.

30 degrees cooler than outdoors
Nat. M. Willa. Emmet Devey &
Co. Arnaut Freres. Curtmell &
Harris. Spencer & Williams, &c.
Big 10-Act Bill.

EXTRA-At Every Mutines Keith's Electrical Scoreboard. Showing the Nationals'
Games on Tour. No Increase in Prices.

NEXT WEEK-Last of Season-Elizabeth Murray, Joseph Jefferson & Co., &c.

GLEN ECHO

Midway and Forty-Nine

Attractions
ADMISSION ALWAYS PREE

A LECTURE ON

CHRISTIAN

"I was troubled

liver trouble and

biliousness and could find only temporary relief in the different remodels tried until I used your Warner's Safe Kidney and Liver Remedy. I am very pleased

when the doors of this Bank are thrown open for business, HIGH-ER EFFICIENCY is the determined aim of every official connected with it.

better service by the strict adher ence to the principles of soun banking. We are ever trying t sible to these principles.

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Write or Phone Us

for your silverware and family plate. Such belongings will be absolutely safe during your absence if stored in our modern fire and burglar proof

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Very moderate rates. SW Safe Deposit Boxes for valu-le papers, jewels, etc.

National Savings and Trust Company Corner 15th and N. Y. Ave. PORTY-EIGHTH TRAR.

Notice! The judgment secured on the 7th day of April, 1914. by the Potomac Electric Power Company in the Municipal Court of the District of Columbia, against Daniel Boody, growing out of a certain debt guaranteed by said Doody, was taken in error by said company as the debt had been paid by said Doody on January 19th, 1914; said judgment was accordingly on the 19th day of April, 1914, set aside by said Company.

W. B. Hibbs & Co

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Bought and sold on same

Is This the Kind of Bank You Want to Bank With?

The Munsey Trust Company has a capital of \$2,000,000. It started right, with its capital fully paid in before it opened its doors for business. Capital enough to make it as solid as the "Rock of Gibraltar."

-It pays 2% interes! on checking accounts. It pays 3% interest

on ordinary savings accounts. - It pays 4% interest on special savings accounts.

Interest compounded monthly (twelve times a year), on
the 2% accounts and four
times a year on the 3% accounts; twice a year on the
4% accounts, and interest so
figured that the depositor
gets a "Square Deal." There
are no rules, no penalties, no
subterfuges with us that whittle
down the rate of interest; and
your money draws interest
every day it is in The
Munsey Trust Company, however long or short the time,
and every business day in the
year in deposit day.

The Munsey Trust Company
is a serious, substantial bank,
conducted on sound business conducted on sound business lines. Its methods are clean, clearcut and straightforward. It has no favorites, it treats all men the same—treats the big man no better than the little man, and treats all alike with well considered

alike, with well considered courtesy.

If this is the kind of bank that appeals to you, we should be glad to have you open an account with us. Measured from every angle—the interest we pay, and the way we figure interest, and the strength and substantiality of The Munsey Trust Company—is there any other bank angthere any other bank anywhere where you can do an well? Think this over—it is very much worth your while.

FRANK A. MUNSEY, President

EDUCATIONAL -Information regarding any of the below schools may be had at the EDUCATIONAL INFORMA-TION BURKAU OF THE WASH-

INGTON TIMES,

Mrs. Emily Frech Barnes, SINGING AND ELOCUTION.